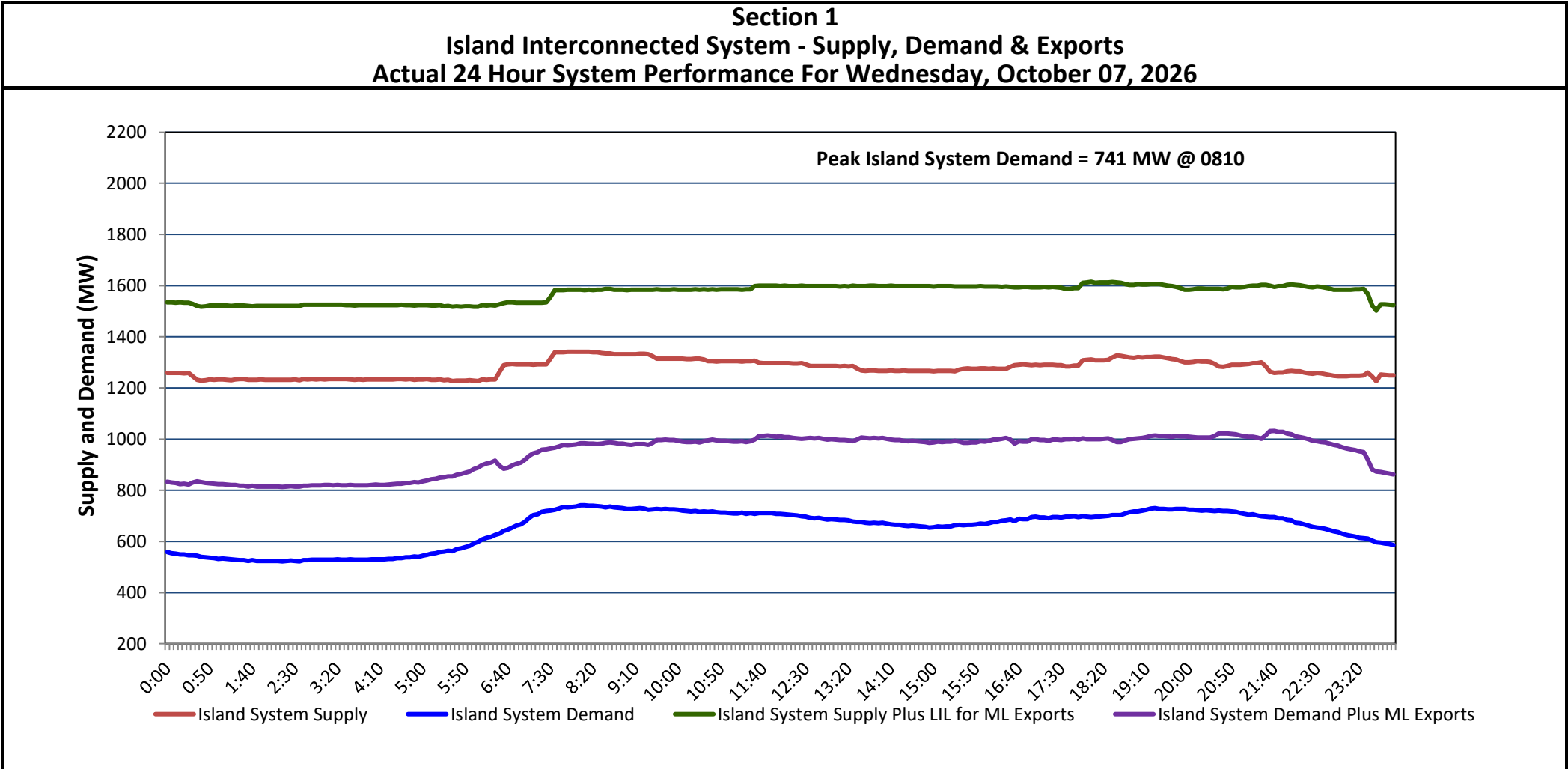


Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Thursday, October 08, 2026



Island Supply Notes For October 07, 2026<sup>1</sup>

A

As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).

B

As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).

C

As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).

D

As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).

E

As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).

F

As of 2000 hours, October 03, 2026, Holyrood Unit 1 unavailable due to forced extension to planned outage 166 MW (170 MW).

G

As of 1335 hours, October 06, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).

H

At 1755 hours, October 07, 2026, Stephenville Gas Turbine available at full capacity (50 MW).

| Section 2<br>Island Interconnected System - Supply, Demand & Outlook |                                    |                             |                                      |                       |  |
|----------------------------------------------------------------------|------------------------------------|-----------------------------|--------------------------------------|-----------------------|--|
| Thu, Oct 08, 2026                                                    | Island System Outlook <sup>2</sup> | Seven-Day Forecast          | Island System Daily Peak Demand (MW) |                       |  |
|                                                                      |                                    |                             | Forecast <sup>8</sup>                | Adjusted <sup>6</sup> |  |
| Island System Supply: <sup>4</sup>                                   | 1,289 MW                           | Thursday, October 8, 2026   | 870                                  | 820                   |  |
| NLH Island Generation: <sup>3,7,10</sup>                             | 950 MW                             | Friday, October 9, 2026     | 760                                  | 710                   |  |
| NLH Island Power Purchases: <sup>5</sup>                             | 50 MW                              | Saturday, October 10, 2026  | 795                                  | 745                   |  |
| NP and CBPP Owned Generation:                                        | 165 MW                             | Sunday, October 11, 2026    | 910                                  | 860                   |  |
| LIL Net Imports to Island: <sup>9</sup>                              | 124 MW                             | Monday, October 12, 2026    | 925                                  | 875                   |  |
| 7-Day Island Peak Demand Forecast:                                   | 1,000 MW                           | Tuesday, October 13, 2026   | 1,000                                | 950                   |  |
|                                                                      |                                    | Wednesday, October 14, 2026 | 955                                  | 905                   |  |

Island Supply Notes For October 08, 2026

I

At 0715 hours, October 08, 2026, Stephenville Gas Turbine available at 25 MW due to planned derating (50 MW).

Notes:

1.

Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2.

As of 0800 Hours.

3.

Gross continuous unit output.

4.

Gross output from all Island sources (including Note 3).

5.

NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).

6.

Adjusted for interruptible load and the impact of voltage reduction when applicable.

7.

Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.

8.

Does not include ML Exports.

9.

LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

10.

Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

| Section 3<br>Island Peak Demand and Exports Information<br>Previous Day Actual Peak and Current Day Forecast Peak                                                                                |                                  |      |           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|------|-----------|
| Wed, Oct 07, 2026                                                                                                                                                                                | Island Peak Demand <sup>11</sup> | 8:10 | 741 MW    |
|                                                                                                                                                                                                  | Exports at Peak                  |      | 243 MW    |
|                                                                                                                                                                                                  | LIL Net Imports to Island        |      | 1,096 MWh |
| Thu, Oct 08, 2026                                                                                                                                                                                | Forecast Island Peak Demand      |      | 870 MW    |
| Notes: 11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP). |                                  |      |           |